

BIO-DATA

DR. A. MURUGANATHAN, M.D

FRCP (Glasg, London & Ireland)., FACP (USA)., FPCP (PHILIPPINES)., FICP

Ex. Emeritus Professor – The Tamilnadu Dr. M.G.R. Medical University

HOME ADDRESS:

New No. 58, Old No. 33, KPN Colony, 3rd Street, Tirupur – 641 601, Tamilnadu, India

Mobile : +91-98430 60666 / +91-98941 45678

Phone: +91-421–2202444

Fax : +91-421–4243553

Email: a.muruganathan@gmail.com

Web site: www.muruganathan.com

OFFICE ADDRESS:

CHAIRMAN

A.G. Hospital, No. 34, K.P.N. Colony, 3rd Street, Tirupur – 641 601, Tamilnadu, India

Mobile : +91-98430 60666 / +91-98941 45678

Phone: +91-421–2202666

Fax : +91-421–4243553

Email: a.muruganathan@gmail.com

Web site: www.muruganathan.com



FELLOWSHIP

- ❖ **FRCP** (conferred) at Royal College Physicians Glasgow in November 2010.
- ❖ **FACP**: Elected as a fellow of American College of Physicians in March 2012.
- ❖ **FPCP**: Elected as a fellow of Philippines College of Physicians in May 2013.
- ❖ **FRCP**: Elected as a fellow of Royal College of Physicians London in May 2014.

❖ **FRCP:** Honorary Fellowship of Royal College of Physicians Ireland in Oct 2016

PRESENT POSITION

- **International advisor for Royal College of Physicians Glasgow**
- **International member of the medical education board of RCP Glasgow.**
- **Advisory Council member of National Board of Examination (NBE)**
- **Senior Advisor and Consultant in Resolve to save lives/Vital Strategies**
- **Currently as a chairman of Tirupur Rotary and public Welfare Trust, had taken state of the art project for Comprehensive Cancer Care worth of 60 crores to be implemented in Government Medical College and Hospital at Tirupur**
- Chairman and Senior Consultant Physician at A.G.Hospital, Tirupur
- Visiting consultant at Assumption Hospital, Avinashi
- Visiting Consultant in Hypertension & Honorary Professor – Dep. of Preventive Cardiology and Hypertension at K. G. Hospital& Post Graduate Medical Institute, Coimbatore.
- Honorary Professor at Jaipur National University, Institute for Medical Sciences and Research Centre, Jaipur
- Director Hold Medical Academy
- National Advisory Board Member and Visiting Faculty at Jaipur National University, Institute for Medical Sciences and Research Centre, Jaipur
- Taught doctors during ward rounds daily for Taught family medicine to the general practitioners through IMA and his hospital throughout the year
- Honorary Professor for IMA College of General Practitioner

PREVIOUS PROFESSIONAL POSITIONS AND APPOINTMENTS

- Emeritus Professor - Dr. MGR Medical University Tamil Nadu (2016-2020)
- Adjunct Professor - Dr. MGR Medical University Tamil Nadu (2011-2015)
- Chairman advisory committee - Dr. MGR Medical University-Distance Education, Diploma in Family Medicine
- Past Visiting Professor of Medicine, VMS College, Salem

LEADERSHIP POSITION IN VARIOUS ORGANISATION

- **Immediate Past Governor ACP India Chapter (2017 – 2021)**
- Dean–Indian College of Physicians (ICP): 2016-2017
- President–Hypertension Society of India (HSI):2015-2016
- **President – Association of Physicians of India (API): 2013-2014**
- Scientific Chairman – Annual Conference of Association of Physicians of India Jan 2013 at Coimbatore
- **President – IMA Tamilnadu State Branch: 2002 – 2003**
- **Dean – IMA CGP: 2006 - 2007**
- Organizing chairman – APICON 2013, CIMACGP, National Medico Legal conference.
- Chief Advisor – Rotary International District – 3202
- Chief Patron – APICON 2016 – Annual Conference of Association of Physicians of India – Hyderabad
- Scientific Chairman – Annual Conference of Hypertension Society of India August 2015 at Indore
- Organising Chairman – AIAARO Conference 2015 at Chennai
- Scientific chairman: HSICON2010 – Indo- American CME (more than 4 years)
- Past member Medical Council of India.
- Past member Indian Nursing Council.
- Past Governing Council Member – MGR medical university
- Past Chairman Tamilnadu Nursing Home Board
- Tamilnadu State Past President:
 - Medical Council,
 - Indian Medical Association,
 - Association of Physician of India,
- Past NWG member RNTCP

Feathers in his Cap

Awards

- ❖ MOST PRESTIGIOUS Dr. **B C ROY AWARD** RECEIVED FROM PRESIDENT OF

INDIA ON 1st JULY 2005.

- ❖ Received **WHL Excellence Award** in Population Hypertension Prevention and Control 2021 from World Hypertension League may 2021
- ❖ Eminent Citizen Award received from **Income Tax Department Tirupur Dec 2021**
- ❖ Received **Sakura Award of Excellence 2021** from ACP Japan Chapter Aug 2021, this award is given to those who have gave a great contribution to Japan Chapter
- ❖ Academic Excellence Award from **ACP Bangladesh Chapter** 2021
- ❖ Dr. Gurusamy Mudaliar Eminent Physician Award from South Zone API 2021
- ❖ **Lifetime Achievement Award from Indian Society of Hypertension July 2020**
- ❖ Received **“Eminent Educator Award”** from VGM Foundation on 21st Sep 2019 at Coimbatore.
- ❖ Received **Legacy of Excellence Award** from Mahim Dharavi Medical Practitioners Association on 28th June 2019 at Mumbai.
- ❖ Received **"Prof. Rathinavelu Subramaniam Memorial Oration"** at **33rd Annual Day Celebration of Association of Physicians of India** Chennai Chapter on 27th & 28th Aug 2016.
- ❖ Received **"Outstanding Community Service Award"** during International Symposium on Diabetes on 9th & 10th Jan 2016 at Mumbai.
- ❖ Received appreciation award from Tamilnadu IMA for services rendered as Chairman TN.NHB Jan 2016.
- ❖ Received the **“Medical Teacher of the Year Award”** by National IMA on Dec 2015 at New Delhi.
- ❖ Received State Secretary Appreciation Awards for excellent works in the standing committees on Dec 2014 at Karaikudi
- ❖ Received **“IMA DR. M.G.GARG ALL TIME ACHIEVEMENT AWARD”** by Indian Medical Association – Hon’ble Union Health Minister of India, Shri. J P Nadda.
- ❖ Appreciation Award for Life Long Services to IMA at Rajahmundry Dec 2013.
- ❖ Received **"TAMIL SEMMAL AWARD"** from Tamilnadu Government April 2017 the award given by Hon'ble Chief Minister of Tamilnadu.
- ❖ Received Best Performing Doctor Award from Tamilnadu Government on Doctor's Day 1st July 2014.
- ❖ Received **"Champion of Hypertension"** Award from Hypertension Society of India during the silver jubilee of Hypertension Society of India Annual Conference on 19th - 21st Aug 2016 at Mumbai

- ❖ **Received an appreciation certificate from Journal of Clinical Hypertension for top downloaded paper of “Recommended treatment protocols to improve management of hypertension globally: A statement by Resolve to Save Lives and the World Hypertension League (WHL)**
- ❖ Life Time Achievement Award from the Tamil Nadu Dr. MGR. Medical University 2011
- ❖ “Life Time Achievement Award” from KG Foundation Coimbatore in July 2008.
- ❖ PRESTIGIOUS SERVICE ABOVE SELF AWARD – BY ROTARY INTERNATIONAL in 2004
- ❖ IMA Best State President Award 2002 – 2003.
- ❖ Appreciation Award for Life Long Services to IMA at Rajahmundry Dec 2013.
- ❖ Outstanding Service Award for his excellent overall activities as API President – given by Deputy Chief Minister of Punjab during APICON 2014 at Ludhiana.
- ❖ Meritorious Award from American Tamil Medical Association (ATMA) 2010-2011.
- ❖ Received National IMA-Gangly Award for outstanding Social Service-2010.
- ❖ Recipient of Distinguished Service Award from Rotary International 2008.
- ❖ Meritorious Award from Rotary Foundation – 2003.
- ❖ Received Rotary International District Award for conducting free medical camps in the year 1984 at Palghat District Assembly.
- ❖ Received “TAMIL MAMANI” award for Muthamil Sangham.
- ❖ Received “TAMIL GNAYAYURU” award from Trichy Tamil Sangham.
- ❖ Received Appreciation Award for Organizing CIMA CGP 007.
- ❖ IMA Award for membership growth and development for 5 times.
- ❖ During 1989 – 1990 Rotary District 3200 adjudged him as the Best President and his clubs became STAR CLUBS (Rotary Club of Tirupur).
- ❖ Received Certificate of Merit Award for Distinguished Service to the Community from Dictionary of International Biography, Cambridge, England.
- ❖ Received Certificate of Excellence Award from the Royal Society of Health, UK.
- ❖ Received Fellow of the Academy Award from the Academy of General Education, Karnataka.
- ❖ Received Special Award from International Union against Cancer for attending the Post Graduate Course in Clinical Cancer Chemotherapy, Chennai.
- ❖ Received a Certificate for attending the Electrocardiography Update held at PRG Institute of Cardiology and Research centre, Coimbatore.
- ❖ Received Certificate of Honour with “SERVICE ABOVE SELF” Award for his services

to the society and IMA for the Stellar (R) role in IMA SAMBA HEALTH CARE CENTRE, Dindigul.

- ❖ Received Certificate of Excellence Award for attending the world Association for Sexology Conference organized by Indian Association of Sex Educators Counsellors and Therapists, New Delhi, India.
- ❖ Received a Certificate for participation as a Member of the Faculty in the 4th World Congress on Prevention of Diabetes and its Complications – An International Congress held at Chennai.
- ❖ Received a Certificate for participating and attending as a member of the faculty the Pre-Conference Workshop / Conference in MCI Platinum Jubilee Scientific Meeting held at Sri Ramachandra University, Chennai.
- ❖ Received Best Chairperson Award for the 6th Annual All India Conference of Diabetic-Foot Society of India, held at Chennai.
- ❖ Received Certificate of Participation Award for the Workshop for State Facilitators for implementation of “AAO GAON CHALEN” Project held at Chennai.
- ❖ Received Certificate of Participation in the Two day National Medical Conference and CME Program “GE CON 2008” titled, “UPDATE IN GASTROENTEROLOGY FOR PHYSICIANS” held at Chennai.
- ❖ Received Kalai Kaviri Award from Kalai Kaviri College of Fine Arts, Trichy.
- ❖ Received Certificate of Appreciation Award from Rotary International.
- ❖ Rotary International Meritorious Award for conducting free medical camps.
- ❖ Rotary District Governor's Citation Award 1992-93, 1993-94.
- ❖ Special Award from the Rotary District Governor 1996-97.
- ❖ Best Hospital Award from Rotary Club of Tirupur South for 5 years
- ❖ R.I. Presidential Citation Award 1999-2000
- ❖ R.I. Membership Development & Extension Award 1999-2000
- ❖ Polio plus Award from National Polio Plus Committee.
- ❖ Outstanding Service Award for FIVE YEARS from Lions Club, Tirupur.
- ❖ International Citation Award, TWO TIMES from Lions Club, Tirupur
- ❖ Honour from Governor of Maharashtra State for social service
- ❖ Honour from Vice Chancellor, Alagappa University for yeomen service
- ❖ Received many awards from State Government, Rotary, Jaycees, Lions, Seva Sangams and other service organizations.
- ❖ Eminent Citizen Award.

- ❖ Vijay Rathna Award.
- ❖ Rajiv Gandhi Award.
- ❖ Outstanding Personality Award from CMC, Vellore
- ❖ Outstanding social service Award from Jaycees 1993-94
- ❖ MGR Award – 2003
- ❖ HUMANITARIAN AWARD 2004 from IMA, ROTARY and MASONIC CLUB OF COIMBATORE. ` Recipient of award for having collected maximum funds for the National MEDICON held at Chennai in 2005.
- ❖ Received Doctor's Day State Award from Tamilnadu State IMA 2006.
- ❖ Received – Public service award 2011 – presented by – American Tamil Medical Association – In recognition of the commitment and exemplary public service.
- ❖ Received “MaruthuvaThilagam Award” from all Rotary club of Tirupur region Sep 2015.

EDITOR:

- Published more than 30 original researches and written more than 200 articles in various medicine updates, state, national and international journals;
- Monograph on Drugs in Hypertension will be published shortly.
- Manual of Hypertension 1st Edition 2015
- Manual of Hypertension 2nd Edition 2019
- Hypertension book in IMA CGP
- Editor of Indian Issue of Annals of Internal Medicine (American College of Physicians) 2015
- Created Three WhatsApp Groups name “Hypertension Hits”
- API Medicine Update Text Book 2013 & 2017
- Adult Immunization Book 2014
- Guest Editor Special issue on " Recommendations for Vaccination against Seasonal Influenza in Adult High Risk Groups: South Asian Recommendations " Journal of The Association of Physicians of India Vol. 64 July 2016.
- Editor of Indian Issue of Annals of Internal Medicine (American College of Physicians) 2015
- Assistant Editor – Journal of Association Physicians of India 2015 onwards
- Member – National Editorial Advisory Board for Indian Journal of Community and Family Medicine 2015 onwards
- Member – Advisory Board – JAPI.
- Member core group in the formation of NAFLD Guidelines.
- Member Editorial Board on Current Practice Journal (CPJ) Current Journal 2015.

- Member – Editorial Board JIMA – Journal of Indian Medical Association.
- Medical Referee JAPI – Journal of the Association of Physicians of India.
- Member – National Editorial Advisory Board – Innovative Publication on Indian of Forensic and Community Medicine 2014 onwards.
- Managing Editor - "IMAIGAL" IMA monthly Tamil health magazine.
- Editor – IMA Directory – Tamil Nadu State.
- Editor – Weekly Electronic Bulletin "IMAGE".
- Guest Editor – The Remaining Challenges of Pneumococcal Disease in Older Adults in Journal of API 2015

➤ **Delivered more than 1000 lectures and 100 orations in various medical conferences in many countries**

As a Chief Guest and Motivator

- **Inaugurated hypertension clinics and stroke clinics across the country**
- **Inaugurated more than 60 hospitals across the country**
- **Inaugurated the Annual Academic Session** of Sri Lankan Society of Internal Medicine on 31st October 2017 at Kandy, Sri Lanka.
- Participated as a faculty and inaugurated the 5th National conference on liver disease "**Liver Clinics**" 2016 on 3rd July 2016.
- Inaugurated and Delivered a talk on "Blood Pressure Variability" during the **34th Annual conference Karnataka API Chapter** on 17th to 19th June 2016 at Gulbarga
- As a Chief Guest inaugurated of **CUPID conference** on May 28th& 29th 2016 at Coimbatore
- As a Guest of honor & faculty during the Master Class conference at Bangkok on 20th– 22nd May, 2016.
- Chief Guest for CME on Platelet Conclave organized by ICP & SMS Medical College on 23rd April, 2016 at SMS Medical College at Jaipur.
- As a Dean – Indian College of Physicians and Past President of Association of Physicians of India celebrated and inaugurated the World Health Day on 7th April 2016 at Chennai.
- Chief Guest and inaugurated of CUPID conference on June 13th – 14th 2015 at Coimbatore
- National Advisor – Medanta Echo n Cardiology: Today and Tomorrow 2015 Conference

at New Delhi on 18th – 19th April 2015

- Guest of Honour of Tamilnadu TRAC Conference at Coimbatore Sep 2014.
- Chief Guest for Namakkal IMA Building Opening on 20th Sep 2014.
- As a guest of honour–Dr.Mohans International Diabetes Update programmes Chennai July 2014.
- Inaugurated Tamilnadu API Conference at Salem July 2014.
- Inaugurated “Hypertension Summit” at Chennai on 16th Feb 2014.

Indian Red Cross Society

- ❖ Vice President - Indian Red Cross Society – Tamil Nadu State Branch
nominated by His Excellency-Governor of Tamil
Nadu

As a Vice - President of Indian Red Cross Society Tamil Nadu State – He provided Leadership and advisory Role in . . .

- ❖ Disaster relief and rehabilitation in flood, cyclone and other disaster affected areas.
- ❖ Day care Hospital ` Blood Bank
- ❖ Artificial Limb Centre ` Physiotherapy Unit
- ❖ Junior Red Cross in Schools
- ❖ Youth Red Cross in Colleges
- ❖ Industrial Training Center for disabled
- ❖ Free Mortuary van Services with the help of TN Govt.
- ❖ 55 creches all over Tamilnadu.
- ❖ Cyclone Shelters in Costal Districts
- ❖ Rehabilitation projects in Tsunami affected Areas.
- ❖ He organised a week long Blood Donation Programme with Tamilnadu IMA throughout the state which was inaugurated by Governor of Tamilnadu and he donated Rupees One Lakh in June 2014.

MY ACTIVITIES: AS A SENIOR ADVISOR AND CONSULTANT –

RESOLVE TO SAVE LIVES / VITAL STRATEGIES

- Participated and discussed **“Hypertension Protocols Chhattisgarh State Consensus Meeting”** on 26th September 2019 at Indravati Bhawan, Block 1, 3rd floor, Meeting Hall No.2, Naya Raipur. Chattisgarh.
- Delivered a talk on **“Hypertension - Protocols and Clinical Management”** during the **Vital Strategies Programme** at Mumbai on 28th June 2019.
- Delivered a talk on **“Hypertension- Protocols and Clinical Management”** during the **Vital Strategies Programme** at Warangal on 31st March 2019.
- Delivered a talk on "Hypertension: India's silent epidemic" during **Hypertension at National Journalism Training, Conducted by Vital Strategies** on November 29th at Imperial Hotel, Delhi
- Participated the "Indian Hypertension Management Initiative" programme conducted by **Vital Strategies** on 9th & 10th April 2018 at Punjab.
- Participated the **"Consensus workshop for developing hypertension management protocol" & "Indian Hypertension Management Initiative"** programme conducted by **Vital Strategies** on 9th & 10th April 2018 at Chandigarh, **Punjab Government.**
- Participated the **"Consensus workshop in Maharashtra"**, workshop for developing Treatment Protocol under IHM Initiative in Maharashtra on 16th March 2018 at Mumbai conducted by **ICMR & Vital Strategies.**
- Participated **"The Task force meeting on Technical Advisory Group meeting on Cardiovascular Health Initiative"** held on 7th February,2018 conducted by **ICMR**, at New Delhi
- As a board member participated launched of **‘India Hypertension Management Initiative’** held on 28th November 2017 at Health Secretary's Conference Room, Nirman Bhavan, New Delhi. The India Hypertension Management Initiative (IHMI) is a collaborative project between **ICMR, MoH&FW, and State Governments, WHO, Vital Strategies** and other partners.
- Participated the **"Consensus workshop for developing hypertension management protocol"** at Trivendrum **Kerala Government on 19th Sep 2017.**
- Participated the **"Consensus workshop for developing hypertension management**

protocol" at Chandigarh, **Punjab Government on 8th Sep 2017**

ACHIEVEMENTS AND ACTIVITIES IN THE FIELD OF HYPERTENSION

- Started an **Exclusive Hypertension Clinic** in 1981 in his own hospital Inaugurated by Prof. Dr. Sam G.P. Moses – the primary aim of this hypertension clinic is to do lot of awareness, screening and prevention of hypertension apart from management.
- Did Hypertension screening and awareness camp every year in his hosiery industry town at Tirupur.
- Delivered public lectures with the help of Rotary, Lions and other NGOs on hypertension prevention including lifestyle modification and dietary advice.

Most Recent Activities During My Tenure as Governor ACP India Chapter (2017-2021)

We started our journey back in April 2017 with mere members with bare minimal bank balance and now I am proud to declare that we have grown by 400% in members and the money we have is approximately 1 Crore, in FD-60 lakhs, SB-16 lakhs, more than 8 lakhs (>11,000 USD) from ACP headquarters and we wait from projects in pipeline around 17 lakhs.

The above mentioned amount is achieved through conducting and organizing conferences and promoting webinars through learning modules.

On feeding and making my child ACP India chapter grow and take the pedestal worldwide, I lost my Midas touch in practice which I did happily for ACP India Chapter. Because of it the brand ACP India chapter is in huge demand as the industry and other organizations come forward to ACP India Chapter to organize webinars under our banner and boast their relation with us to the world.

So far we have conducted more than 600 CME's both Live and Online covering various aspects delivered by national and international stalwarts. We were especially pioneers in initiating Covid updates through WhatsApp and other social media platforms.

ACP India Chapter have purchased 10 sets of MKSAP Print copies (\$ 3143) from the Headquarters and distributed them to 10 Medical College Libraries for the student free access and also ordered 17 more sets of MKSAP-19 & 2 hospital medicine books complete printed copies for future use.

We have also done more than 20 Major and Mini conferences both National (Annual Conference) and International including the first ever 3D virtual conference and first ever ASIAN ACPCON.

Being ACP's prestigious volunteerism Committee member I have undertaken lots of charitable activities, notable ones being supplying PPE kits and providing food for migrant workers and needy during Covid pandemic.

Apart from these we supplied Televisions to Covid wards.

Also conducted lots of screening camps, we stressed on hypertension, wellness and vaccination clinics and motivated to take hospital medicine.

We have initiated the National level quiz for resident doctors in a dream where the winners will take part in International Doctor's dilemma which didn't happen in 2020 due to Covid, which will come true in May 2021. An Indian team formed by this won Doctor's Dilemma in ASIAN ACPCON February 2021.

Apart from running the secretariat and the council successfully for the past 4 years we have also contributed to IMA Covid Martyrs Fund, PM Care fund, 5 lakhs API West Bengal for promoting young doctor minds.

ACP India Chapter has successfully Conducted Antimicrobial stewardship, Quiz programs and Continuous Professional Development programs to support AIIMS Rishikesh and AIIMS Patna, we also supported many CME programs in medical colleges all over India.

Due to our high reputation and connections throughout the medical network various organisations along with ACP HQ have extended their helping hand towards ACP India Chapter out of concern in this pandemic, through this we have requested Oxygen Concentrators to help the poor and needy.

Mentored TEAM INDIA at the Doctors Dilemma International competition and won the final 2021 OSLER CUP & ASIAN ACPCON 2021 on debut participation. Delivered Simplified BP Protocols at Japan and Bangladesh ACP chapters & WHO China

The American College of Physicians (India Chapter) and Amrita Institute of Medical Sciences, Kochi jointly conducted “Hospital Medicine Conclave 2018” at Kochi on June 22-23, 2018.

ACP India Chapter proudly introduced "**Hospital Medicine**" course at Amrita Institute of Medical Sciences Kochi and AIIMS Rishikesh.

We are trying to get approved for Hospital Medicine Course from National Board of Examination (NBE).

Master Class Webinar Series on Hypertension

- Activities conducted by Dr. A. Muruganathan, Chair, Shristi A.G. Hospital, Tamilnadu, India
- 110 Master Class webinars on hypertension were completed in the month leading up to World Hypertension Day in the month of October 2020. This message mentioned in the WHL December 2020 Newsletter. **Ref:**
http://www.whleague.org/images/December_2020_newsletter.pdf
- As a Chairman IMA Hypertension Standing Committee will be conducting “**May Measurement Month**” (MMM) – Hypertension screening programme in the month May 2021.
- Being Chairman of IMA (which has three lakh members) Hypertension standing Committee will be conducting Master Class Webinar series which will be held throughout the month of May 2021 on 31 various topics as follows:

ACTIVITIES DURING MY TENURE AS PRESIDENT OF HYPERTENSION SOCIETY OF INDIA (2015-2016)

Released Hypertension Newsletter it is Called “HYPERTENSION BEATS” - Three issues were released

Theme of the year – Home Pressure is the Better Pressure

Released Manual of Hypertension Book

- ❖ Book containing various articles by national and international faculties

CMEs

- ❖ Around 300 Hypertension CMEs were conducted (with the help of Pharma Companies).
- ❖ Conducted many Workshops at various places including many colleges
- ❖ Live telecast and webinar
- ❖ Conducted “ASK” (Analyze Statistics to kindle Research) campaign from 16th to 18th April 2016.
- ❖ Approximately 20000-30000 patient data during world hypertension day analysed for research on hypertension under "ASK" program during May 17th to 19th 2016.
- ❖ Conducted Screening Camps across the country on May 17th World Hypertension Day

Hypertension Education Programme

- ❖ In various clinics and shopping mall in regional languages

To Promote Home Blood Pressure Monitoring

- ❖ Delivered talks at various places across the country creating awareness among more than 20000 doctors about the uses of HBPM.
- ❖ Promote, popularise and familiarize for Home Blood Pressure Monitoring and Delivered a talk on Home Blood Pressure Monitoring (HBPM) at various places and various forums like;
- ❖ Rajasthan API Conference on 11th October 2015 at Salasar"
- ❖ V Annual Conference of API East Zone, & V APICON-Manipur Chapter" 1st October, 2015.
- ❖ Annual conference of API Delhi Chapter on 14th Nov 2015
- ❖ APICON 2016 on 30th January 2016 at Hyderabad
- ❖ DIACON 2015 on 21st Nov 2015 at Ahmadabad
- ❖ CSI 2016 on 11th February 2016 at Chennai
- ❖ 3rd National NCD Summit 2015 on 12th August at Jacaranda Hall, India Habitat Centre, New Delhi
- ❖ Spoken in TV (NDTV & Doordharshan) and written articles in the daily important papers about Hypertension
- ❖ Written an articles on hypertension in various books like; Medicine Update 2016 (API) & Publication of Shatayushi 2015 and many news papers

Donation of HBPM

Around 10000 Home Blood Pressure Monitors (HBPM) (with the help of industries) were distributed to public, doctors and various societies for creating awareness and prevention of hypertension.

Another 2000 BP monitors will be distributed with the help of industries support.

More than 1000 Home Blood Pressure Monitors donated to Police stations, Rotary clubs, lion clubs, vegetable vendor women etc.

SCIENTIFIC CONTRIBUTION AND ORIGINAL WORK:

He was a pioneer in this field and identified the common diseases prone to this atmosphere. He had done original work in Lung disease like Byssinosis and Tuberculosis. His special contribution was to control the Double Burden of **TUBERCULOSIS** and **DIABETES**. National IMA chose him as a NWG member in RNTCP and his experience in this field enabled him to deliver a lecture which was published in API Medicine Update 2013. An Asthma club was started on educating the poor labourers. Dr. A. Muruganathan could screen 30000 labourers with the help of lung function machine and X-rays which still he continues. The Rotary club awarded this as the best project and his hospital was given best hospital award for more than ten times. He is doing research on Metabolic Syndrome where he screened 10,000 labourers and took anthropometry measurements and blood tests. He has made it a mission in creating awareness to prevent diabetes. He is pioneer on Indian guidelines for ADULT IMMUNIZATION. He has initiated the process of forming Indian Guidelines on various subjects like Insulin, Postmenopausal Osteoporosis, Gestational diabetes and NAFLD. Prof Muruganathan pioneer microbial surveillance of Indian microbe and devised a national strategy for rational use of antibiotics so that abuse as well as cost can be saved. He is one of the authors of **CHENNAI DECLARATION** and lead pioneer of antibiotic stewardship program in India which is routinely now used by all Indian critical care as well as hospitals and nursing homes. In a resource limited country like India there is a need for low cost; high impact health care solutions to be developed for Indian populace and Dr. A. Murgunathan has done this extensively both for rural and urban poor.

All India Level as a National President API

His Activities During the year (2013 – 2014):

- ❖ Direct Talk – First time a periodical news letter from President
- ❖ MUST -After the Medicine Update 2013, distributed to every delegate, the follow up **Medical Update Self Study Assessment(MUST)** kit. This gave everyone an opportunity

to study the chapter and answer MCQs.

- ❖ First time he motivated all branches and members to observe various disease days suitably by organizing screening and awareness camps.
- ❖ Adult Immunization week celebration – Radio + Newspaper advertisement throughout the country in the month of April 2013.
- ❖ World Hypertension Day May 17th – Lot of screening camps and Hypertension web cast throughout the country.
- ❖ World Thyroid Day 25th May – lot of screening camps throughout the country.
- ❖ Adult Immunization Guidelines –2014 released in Ludhiana APICON 2014.
- ❖ Pioglitazone – Clinical Use of Pioglitazone – talk by Dr. Siddharth N. Shah uploaded in the API website.
- ❖ Zonal Conference – throughout the country – organized 6 zonal conferences and lot of API state conferences.
- ❖ Live CMEs – API-DIAS programme – 8 hours Live CMEs covered throughout the country – totaling 66 CMEs conducted in 33 cities across India first time in the history of API.
- ❖ Live CME – Hypertension summit conducted in 15 different places of India.
- ❖ Live CME – Infection management – 10 places.
- ❖ Web CMEs – First time online CMEs were organized A) Rheumatoid Arthritis, B) eLipid Module, C) Diabetic Module, D) Dyslipidemia and Thyroid dysfunction Guidelines (Abbott) & E) Vitamin D3 deficiency.
- ❖ Acid Peptic Disease comprehensive care programmes – Hard copy – to 10 thousand doctors were distributed.
- ❖ Diabetic Patient Education Programme – launched on World Diabetes Day.
- ❖ Postal Cover released --a special **POSTAL COVER** with **API LOGO** with the help of postal department of Karnataka government regarding Diabetic Patient Education Programme.
- ❖ Antibiotic Awareness Week -throughout the country from 18th to 24th Nov – and Newspaper coverage
- ❖ API lapel pin & ties with API logo – given to API members.
- ❖ **PHYSICIANS DAY**– Dr. A. Muruganathan introduced novel concept of Physicians Day on the Birth Day of API – December 23rd. Many chapters and branches throughout the country celebrated **PHYSICIANS DAY** in the following ways:

Given free consultation to their patients, Conducted patient education programmes,

Conducted screening camps for patients, Walkathon – walk for healthy life, started a journal club, Conducted CME – seminars, Honoured Eminent Physicians from their branches, given local press release about API activities and sent happy Physicians Day greetings to friends.

- ❖ Radio advertisement **HAPPY PHYSICIANS DAY** message on 23rd December in FIVE metro Cities.
- ❖ Dr. A. Muruganathan instituted a unique award – TWO awards for eminent Physicians in the name of **DR. JIVRAJ MEHTA** (outstanding Physician and Ex. Chief Minister of Gujarat) every year. 1. An eminent Physician who is active in API with good academic and research activities. 2. An eminent Physician active in API who excels in clinical and service activities. The award carries a Gold Medal (1 lakh worth), scroll and a Citation.
- ❖ He also introduced the concept of best branch / best chapter and best individual award for the first time in the API.
- ❖ He organized fund raising – to the tune of around 1.5 CRORES – for prestigious Dr. Jivraj Mehta Award and other chapter / branch and individual awards – which will be given from 2014 onwards.
- ❖ API as an advisor in Puducherry government NCDS guidelines & Journal Clubs started in 50 different places in India.
- ❖ Data base – collected data base of API members.
- ❖ New chapter formation and new member's induction, Meeting with other organization – IMA, FOGSI & ASI.
- ❖ API research foundation formed & Attended as a guest at **ACP-USA**.

For all these overall activities Dr. A. Muruganathan was given **OUTSTANDING SERVICE AWARD** during the annual conference APICON2014 by API.

DEAN

DEAN INDIAN MEDICAL ASSOCIATION COLLEGE OF GENERAL PRACTITIONERS

- ❖ As a Dean of IMA motivated many State Branches of IMA to organize Certificate Courses and Medical Update on Diabetology, Family Medicine for General Practitioners.

- ❖ Four Zonal Conferences were organized on “Family Medicine” for General Practitioners during his Tenure as Dean throughout the Country.
- ❖ Three Family Medicine Journals were released during the period.
- ❖ The Received Best Dean Award from IMA National President.

EDITOR of 900 pages’ text book called “**MEDICINE UPDATE BOOK 2013**” containing nearly 200 articles on various subjects, “**ADULT IMMUNIZATION 2014**” and Direct Talk News Letter. He delivered many national and state orations and web Cast, Online CMEs are his contributions. His theme is – “Serve and Care, Search and Share”.

Original work of Dr. A. Muruganathan M.D.,

As a Rural Physician

Dr. A. Muruganathan after his master degree in 1978 chose Tirupur where the medical facilities were in adequate and where “The Industrial booming has led to the ecological doom.

Dr. A. Muruganathan started a multispecialty hospital first of its kind in Tirupur and added to it the latest infrastructure and equipments. With his skill and dedication, the doctor was able to give fresh life to more than 20,000 patients admitted in his hospital with complaints of heart, lungs, CNS and GI diseases.

Poison cases and poisonous bites

With the help of his ICU set up – he could save more than 3000 suicide attempt cases who consumed Organo Phosphorous and other poisons. He is also a consultant for Assumption Hospital which is known for managing Snake bite cases in this area.

ROTARY GOVERNOR

CHIEF ADVISOR – RI DIST – 3202

Trauma Care Concept – It is his brain child. During his Rotary Governorship he introduced the concept of Trauma Care Centers in National High ways to help road accident victims which was adapted by government later. 19 such centers were opened in National High ways to attend the road accident victims during 1999-2000. Centres were inaugurated by Ministers Thiru.Ismail in Kerala and Thiru.N.K.Periyasamy at Tamilnadu. This concept was given further dimension

while he was President, IMA, by opening 11 more new Trauma Care centers with the help of the Government and support of private hospitals. He was instrumental for donating 43 ambulances to attend such victims of accidents in National Highways in the presence of – Hon'ble Chief Justice of Kerala Thiru. A.R. Lakshmanan.

As a rotary governor extended help during natural calamities and disasters, encouraging communal harmony, providing electric crematorium facility at three towns, looking into prisoner's care, encouraging sports, culture and heritage, a drive for a greener world and **WOMEN HEALTHCARE**. Propagating the concept of **ORGAN DONATION** are some of his other contributions to the society.

During the Rotary Governorship:

- ❖ Conducted 62 general medical camps, 32 Diabetic camps, 25 Cancer detection camps, 20 dental camps, 15 Ear camps, 9 Asthma camps and 5 ortho camps. Held 55 Eye camps, 15,448 Eye surgeries were conducted and provided 16,761 glasses.
- ❖ Cleanliness and safety water were stressed. Given Hepatitis-B immunization to more than 1 lakh children in 1999-2000.
- ❖ Motivated the Clubs and adopted the General Ward of Government Hospital at Ernakulum, and a Primary Health Center at Ooty and provided all the facilities to run the centres effectively
- ❖ Launched a project called 'Concern for Women', in which Mal nutrition, infection, antenatal and post-natal care and breast feeding were stressed. Separate medical checkup camps and Blood Hemoglobin tests for women were organized.
- ❖ With the help of R.V.Cs (Rotary Village Corps) more than 25 medical camps were organized dealing with topics like Health Education, Family planning, Evils of Drugs addiction, Alcohol etc... and provided with treatment, in addition Eye-camps and skin camps were organized in various villages.

Leprosy:

Another field of his concentration is the ancient disease-Leprosy. As he had continuous command on the activities of Rotary by his active participation, he is instrumental for launching a program called: Community Leprosy Eradication Action through Rotary Dignity and Economic Advancement (**CLEAR – IDEA**) and still continuing in R I District 3202.

In an effort to combat leprosy in India, Rotary clubs in District 3200 (India) have initiated a project called CLEAR (Community Leprosy Eradication Action through Rotary). As a result of this program, patients who suffer from the debilitating effects of this ancient disease receive

education, medicine and surgical treatment – not only healing the body, but also making it possible for them to become productive citizens in the community.

In the last 10 years a total number of 3091 children of leprosy affected persons were given educational assistance and vocational training job placements. Nine hundred cured persons were economically rehabilitated by micro credit assistance.

Publications as a Rotary Governor:

- ❖ During the period as Rotary District Governor, 12 issues of “Governor's Monthly Letter” were edited and published (GML) and distributed to all the Presidents, Secretaries, District officers, Governors outside the district and Presions District Governors, in and out of the District with a content of projects and programmes conducted by the District in 1999-2000.
- ❖ Apart from GML, was published District monthly newspaper “Rotary Dreams 3200” for the whole year was published. Copies were sent individually to all the Rotarians of the district, Rotaract, Interact and inner Wheel leaders, all past RI officers in India and hundreds of other Rotarian leaders abroad and this gesture was well appreciated.

Rotary Foundation Project

- ❖ Conducted Lucky 2000: was a well appreciated project for Foundation fund raising
- ❖ Multiple District Rotary Foundation Seminar
- ❖ Gave water purifiers to 120 schools with the help of TRF.
- ❖ Gave 250 old computers to various schools in districts 3200.
- ❖ Rotary District Conferences
- ❖ District Assemblies
- ❖ District Rotaract Conferences
- ❖ Many Seminars at District & Regional Level on R.V.C, AIDS, Polio Plus, Drug Abuse & Prevention, RYL as, Vocational Training, Career Guidance, Rotaract, Interact, Intercity Forums and also in Rotary Clubs in U.K., U.S.A. etc.
- ❖ International Medical conference on sex and chest disease conference
- ❖ Went to Michigan USA as a Representative of Rotary International President in June 2012.

Rotary District Conference Prakasam

- ❖ With the amount saved from the “Prakasham” Rotary District Conference in 2000 (even today one of the Best Conferences, 20 Water Doctor (Water Purifier) worth of

Rs.20000/- each was donated to Schools through each Rotary Club.

SCHOOL PROJECT

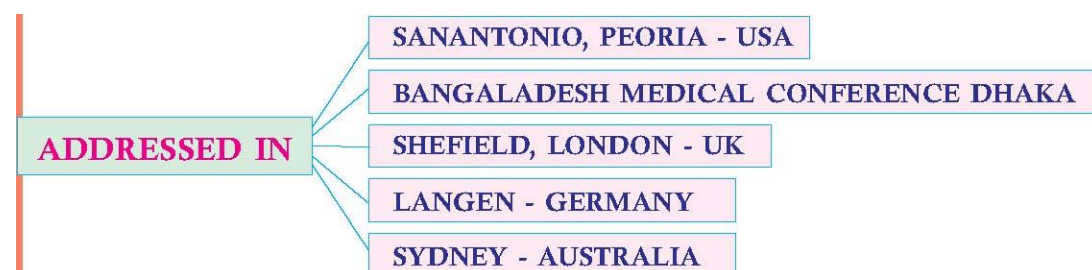
- ❖ Expanded the Rotary Nursery School Building at Tirupur during his President ship of Rotary Club of Tirupur.
- ❖ As Rotary District Governor, arranged noon meal scheme for the 110 adopted schools in Rotary District 3200 (parts of Kerala and Tamil Nadu States). Initiated a project called 'MODEL SCHOOL' to convert these adopted schools as model in education standards, teaching of ethics, values and virtues and provided furniture and stationery.
- ❖ Through Matching Grant from Rotary Foundation, safe drinking water project inaugurated in 35 schools throughout the Rotary District.
- ❖ Provided 110 water purifiers to 110 adopted schools with the help of R.I. Dist. 5080 and TRF.
- ❖ Arranged old used computers to each adopted school to impart knowledge in computers to the students, from Dist. 6360 (USA).
- ❖ Inaugurated three Schools for Hearing impaired at Coimbatore, Kothamangalam and Badagara.
- ❖ Provided lab equipments and furniture worth Rs. 4.3 lakhs to Govt. Higher Secondary School, Puthiapa and Kandasankadavu Govt. Hr. Sec. School, Trichur under Matching Grant.
- ❖ Provided 400 Computers to Schools.
- ❖ Conducted Career Guidance Seminar every year for students.
- ❖ Conducted vocational training and helped 250 men and women to get suitable jobs.
- ❖ Done a project to abolish child labour.
- ❖ As Rotary District Governor, insisted on vocational training centre in one of his thrust areas by each club.
- ❖ Several Vocational training centres were started throughout the district and conducted many training programmes.
- ❖ To list a few, Computer Training centre worth Rs. 4.3 lakhs at St. Antony's Girls High School, Badagara, Envelop-making machine to Sree Narayana SevikaSamajam, Always , Book binding machine to Snehasadan Angamaly, Karma Hall at Cochin, Vocational

Training Centre at Girideepthi Tribal Hostel at Cochin, Vocational Training Centre at vedapatti village, Coimbatore for training in computer, typewriter and tailoring.

- ❖ Computer Training Centre at Tirupur, Carpentry machinery to NirmalBhawan, Trichur etc.
- ❖ Organised information Technology Workshop at Cochin, Multi District Electricians Programme at Coimbatore, and Coaching for Competitive Exams at Calicut and arranged micro credit through various clubs. About one lakh youths benefited under these programmes.

Youth Service

- ❖ Addressed many Rotaract conferences and seminars since 1980.
- ❖ Started 9 Rotaract Clubs and 6 interact Clubs.
- ❖ Held 32 RYLAs (Rotary Youth Leadership Award) in which apart from leadership training and communications skills, character-building and crisis management were stressed.
- ❖ Held District level essay competition and chess tournament for youth and organized “Catch Them Young” coaching camps for students.
- ❖ Organized Rotary Special Summer camps in Swimming, Painting and Athletics Games etc.
- ❖ Launched two District projects 'Build the Youth for Future' under career guidance seminar, coaching camps for competitive exams etc... Were organized throughout the district and 'Books for Youth', in which books were collected, instead of bouquets, and donated to the youth.
- ❖ Instituted Rs. one Lakh scholarship in Agricultural University, Coimbatore for the best student (1999-2000).



Adult Education

Had organized and helped many Functional Literacy and Adult Education Programmes for which a Certificate of Merit was given by the Government. Promoted the slogan “Each one Teach one” in the youth circle.

Environment Awareness Programme:

- ❖ As President of **EXNORA**, motivated cleanliness in various streets in and around Tirupur and Coimbatore District and in many schools.
- ❖ Tree Plantation – Helped to obtain 3,000 trees and planted in and around Tirupur and Donated tree guards in 1995.
- ❖ As Rotary District Governor, under took 'Environment' as a District Project. Under this project held two seminars and implemented 'Preserve Plant Earth', tree plantation was promoted though out the District.
- ❖ Organized a multi-District Seminar on Environment in Tamil at Tirupur.
- ❖ On the last day of his Rotary Governor period, June 30th 2000, organized tree planting though out the district and Rotarians individually and clubs severally planted tree saplings.

Environment Projects

- ❖ Zero Garbage Rain Water Saving ` Mosquito Control.

Rain Water Harvesting

- ❖ Took initiative to create awareness and take action on the most needed and timely project namely 'Rain water harvesting' and launched the project though out the district during 1999-2000.
- ❖ A video cassette, hand bills and pamphlets were distributed among the public to educate them about the need and simple methods of Rain water harvesting, which was well received and implemented by the people.

Pollution Control

- ❖ As a Coordinator in INTACH, organized a seminar on 'Pollution Control' where in all service organizations, Dyeing Factory Associations participated and planned to start an Effluent Treatment Plant.

Petroleum Products Conservation

- ❖ Oil Conservation Week was organized along with Indian Oil Corporation where in Auto drivers and public were advised about the ways and means of reducing petroleum consumption through posters exhibition, lecture and handbills.
- ❖ As the President of the Welfare Association a workshop was organized with the help of Bharath Gas for women, explaining the use, safety measures of cooking gas in the year 1998, 99 and 2000 in K.P.N. Colony.
- ❖ A mega workshop on Safety Measures of using gas was conducted during District Conference in the year 1999-2000 under his Rotary District Governorship.

Population Control

- ❖ Addressed many Seminars and workshops on population control in public and women's colleges.
- ❖ Create awareness in Population Control throughout the Rotary District 3200
- ❖ Vocational awareness campaign on the ill effects of over population was taken up at District level and the district made a donation of US\$ 1000 towards the Population Summit held at New Delhi in the month of Sept. 2000 during his tenure as Rotary Governor.

Electrical Crematorium

- ❖ Helped construct Electric Crematorium costing Rs. 1 Crore at Pollachi with the help of a matching grant from Sri Lanka and TRF.
- ❖ With his leadership role an Electrical Crematorium worth 1.5 Crore was started at Tirupur with the help of a matching grant and helped in Fundraising.

Prisoner's Care

- ❖ Initiated 'Prisoner's Care' project under New Horizon, in which a mega medical camp was organized for the inmates of Coimbatore Central Jail on July 26, '99. The screening of the prisoners was total. About 1800 of them had checkup for their general health conditions, about 600 of them had cardia checks, 1000 had their eyes examined, 130 had dental inspection and 180 were screened by ENT specialists. There were 50 cases of dermatic and ortho problems. About 80 women inmates were examined and treated for gynaecological disorders.
- ❖ On June 13th 2000 a Gala music programme by world renowned play back singer Mr. S. P. Balasubramaniam was organized and it was well enjoyed by the inmates and widely

appreciated by the media.

- ❖ Many clubs were motivated and implemented 'Prisoners Care Project' in their respective towns.
- ❖ Helped to organize a music team in Coimbatore Central Jail in 2000.

National Integrity & Communal Harmony

- ❖ Every year during Ramzan joins with Muslim brother to celebrate Ifthar meals.
- ❖ Had participated in many programmes and given lecture in many seminars.
- ❖ Conducted health camps in Muslim areas and received awards in recognition.
- ❖ Two gala Seminars on Communal Harmony were organized at Calicut and Palghat.
- ❖ At Calicut famous play back singer Sri. K. J. Yesudas was the chief guest and at Palghat Kerala Governor was the chief guest (1999-2000). Wide coverage was given to the function by the media.

Attending Public Needs

- ❖ Burial Ground Renovation to the tune of Rs. 4 lakhs was done at Dharapuram.
- ❖ Foot over bridge at Calicut Mofussil Bus stand costing Rs. 25 lakhs was dedicated to the public.
- ❖ Auto pre-paid counters at Calicut Railway station and Trichur Bus stand were inaugurated.
- ❖ Rotary DRDA Nagar having 42 low cost shelters constructed for rural adivasis at a cost of Rs. 21 lakhs at Coimbatore.
- ❖ Another 150 Low Cost houses were inaugurated in various parts of the Dist.
- ❖ Electrification to 525 houses in rural areas of four Panchayats under matching Grant at Palghat was initiated.
- ❖ Traffic Island at the center of Tirupur town worth Rs. 3 lakhs was dedicated to the public by his family concern POPPYS.

Culture and Heritage

Founder President of Tirupur Tamil Sangam, formed for the promotion of Indian culture, heritage and literature. Given Awards at National level to the best novelist, Writer of Drama, Poem, Lesson etc., through Tamil Sangam every year since 1994.

- ❖ Received Appreciation Award from the higher officers and ministers for the exemplary service rendered as a traffic warden.

Sports and Meets

- ❖ As President, Coimbatore District Silambam Association, helped to motivate children to learn Silambam and to participate in South Asian Games.
- ❖ Partner of a Karate Association and motivated children to learn Karate for the past 19 years.
- ❖ Conducted National Level Ball Badminton Match in his Father's name at Tirupur for the last 15 years.
- ❖ As Rotary District Governor promoted inter club cricket, shuttle, volley ball, foot ball and chess tournaments.
- ❖ Held District level Chess tournament at Calicut, Sports meet, Foot Ball tournament and Swimming competition at Coimbatore.
- ❖ Conducted Inter IMA Branches Tennis, Boll Badminton tournament during 2002-03.

Modern School Project

- ❖ Every Rotary Club in the district 3200 had adopted one under developed school
- ❖ Help in Management, Character Building
- ❖ Conducted International RYLA Raised Computer Awareness.
- ❖ Used books were collected from the student at the end of the academic year and distributed to economically weaker students.

Tree Planting

- ❖ More than one lakh Plant Saplings were planted throughout the Rotary District

Sacrifice to Serve

- ❖ This project was very well done by almost every Rotarian in the district

Other Projects

- ❖ GSE Team to Germany
- ❖ Birthday and Wedding Anniversaries: Instead of spending lavishly, one could go to an orphanage and celebrate birthday / wedding day with them.
- ❖ Flower Bouquets to and books only to be given as mementos in all functions which has paved the way to get more than 100 thousand Books which were given to various libraries free of cost.

- ❖ Low Cost Housing Projects were done by many Clubs
- ❖ Rotary Academy for Higher Leadership Avenue RAHLA was done
- ❖ Multi District Rotract Convention at Calicut
- ❖ Rotary Special Summer Camp was done by Rotary Clubs during Summer
- ❖ Rain Water Harvesting
- ❖ Organ Donation Awareness
- ❖ Donation to Kargil Fund
- ❖ Concern for Women
- ❖ Save Female Child
- ❖ Upliftment of Women
- ❖ FIRE – Fellowship thru Interclub Rotary Exchange
- ❖ Rotary Club Twinning

NATURAL CALAMITIES AND DISASTER RELIEF

- ❖ Rushed to the fire accident place near KPN Colony where in 330 huts were gutted in 1998. Helped to extinguish the fire and treated the affected persons, the fire victims. This was appreciated by the Deputy Superintendent of Police and Deputy Collector.
- ❖ As the Dist. Chairman for Operation Clothing in 1993-94, 3000 Hosiery T-Shirts worth about Rs.3.00 lakhs were collected and sent to Sri Lanka for the first time in Rotary Dist. 3200.
- ❖ As Rotary District Governor, mobilized and donated around Rs.4 lakhs to Kargil Relief Fund, started with a personal contribution of Rs. 25,000/= and Rs. 3 lakhs to Orissa Super Cyclone Disaster Relief Fund through the district.
- ❖ Organized dispatching of essential items worth several lakhs to the disaster affected people in Orissa.
- ❖ Organized weekly medical camps at Madukarai Army Area for taking care of family members of Soldiers fighting at Kargil.
- ❖ Disaster relief work was done during typhoid epidemic at Cochin, Gastro Enteritis at Madathukulum and fire accident at Coimbatore in 1999-2000.

MEDICAL SERVICES

WHO and ICMR:

- ❖ Participated actively in the Diabetic Control Workshop conducted by WHO and ICMR at Chennai with 27 State Health Secretaries participated IMA's important role for the Diabetic Control Programme was discussed by Dr. A. Muruganathan.

British Council Medical Week

- ❖ Organized a Medical Week with the help of Indian Medical Association Tamilnadu State Branch and The British Council. A Continuous Medical Education Programme was conducted for Doctors of Chennai for one week.

Medical Institution

- ❖ Owns a 50 Bed Multi Speciality Hospital at Tirupur and Practices Internal Medicine, including Cardiology and Diabetology for the last 30 years.
- ❖ TISSO (Tirupur Social Service Organization) under his management opened a Children's Hospital (TISSO Hospital) at Tirupur in 1998 with Pediatrician, Qualified Staff members, Modern Equipments and 24 hour Ambulance service.
- ❖ Was instrumental in starting IMAYAM Cancer Care Hospital at Erode in 2003.
- ❖ Helped in organizing IMA SAMBA Health Care Centre at Dindigul to render service to the people started in 2009, the centre serves efficiently full date.

Occupational Hazard:

Dr. Muruganathan conducted Awareness and Education Camps to explain to the people about the Hazards. Due to the insufficient infrastructural facilities and the environmental pollution coupled with social non-communication, the urban environment in Tiruppur is slowly deteriorating for quite long time, leaving back its traces in affecting health of the people, involved in production. Mostly as stated earlier – lung diseases. A special care is taken in these areas and prompts medical care apart from educating the needy.

FIRST AID

- ❖ Organized a camp for Scouts and Students where in demonstration and training in First Aid was given. As Chief Traffic Warden, organized First Aid Training camps in the Schools and as a Rotary District Governor, trained volunteers in various towns and issued identity cards to volunteers to take care of Accident Victims. Organized First Aid

training through St. John's Ambulance and Indian Red Cross Society.

National Medico Legal Conference

- ❖ As the Organizing Chairman for National Medico Legal Conference a two -day workshop was held at Chennai in July 2003 to discuss Common Medico -Legal Problems in practice which in many lawyers and experts participated. The deliberations were useful to the practicing Doctors

T. V. and Air Programmes

- ❖ Given TV talk shows on Medical and Non-Medical subjects like leadership, service etc. for more than 200 times in various TV channels. Can fluently talk in Tamil and English. Also given serious of talks continuously for many months on Health and Personality development subjects.
Talks on various medical topics were given through – Doordharsan, Chennai – 14 times, All India Radio, 19 times. Given talks in **SUN T.V, RAJ T.V. JAYA T.V.** many times. Arranged a Pattimandram on AIDS and a talk on Cleanliness in Doordharsan. Given a continuous 50- week Health talk show in **STAR VIJAI T.V** under the banner of “**NALLA IRUKKENGALA**”. Given health tips in **SUN T.V** for a continuous 3 weeks.
- ❖ Given TV talk three times on various dates through NDTV profit about “**Halt Diabetes**” on 14th November 2015, at 10.35AM, 21st December 2015, AT 1.40 PM & 7TH JANUARY 2016, AT 10.05 AM
- ❖ Given a brief interview on hypertension through doordarshan channel on 23RD April 2016 at Jaipur.

Drug Abuse

- ❖ Given talks, on Drug Abuse more than 20 times in schools, colleges, villages and on All India Radio since 1982. Launched Drug Abuse Prevention as a district project during his tenure as rotary governor and conducted seminars and symposiums using slides and charts at various parts of the district.

No Smoking Campaign

- ❖ Organised camp every year since 1983 for 10 days at A.G. Hospital where people were helped to stop smoking. III effects of smoking were screened on T.V. People were made to understand how smoking affects their lung functions with the help of Spirometry.

Control of Filarisis

- ❖ With the help of the Government and IMA, created an awareness about filarisis and helped in the distribution of Diethyl carmazipine tablets in the endemic areas in Tamil Nadu.

Medical Exhibition

- ❖ As an Organising Chairman, along with Indian Medical Association and Rotary Club of Tirupur, organised a **Medical Exhibition** at Tirupur for 10 days. More than 10,000 people and students were given health education in 1990. A mega **Medical Exhibition, Health Mela** and **Medical Camp** with various specialities was conducted at Tirupur for 7 days with the help of P.S.G Medical College, Perundurai Medical College and various Specialities Hospitals of Coimbatore under his leadership in the year 1998-99 which benefited 20,000 people.

International Travels

- ❖ Visited East Asian Countries 5 times
- ❖ Visited U.K. & West Germany 6 times.
- ❖ Visited Switzerland and Holland twice.
- ❖ U.S.A. 9 times to undergo medical training and updating knowledge and
- ❖ Represented India in the WHO SEAR (South East Asian Regional) Countries. Medical Council Meeting held at Colombo.

Service During Air Travel

- ❖ Helped three sick people on the British Airways Flight during a trip to London for which he received an appreciation letter. Saved a patient who had foreign body aspiration on **AIR CANADA FLIGHT** in 2011.

Bio Medical Waste Management

- ❖ As the Chairman of the Tamil Nadu Private Hospitals, made arrangements to start common facilities for Bio Medical Waste Management in 10 places in Tamil Nadu.

IMA Research Wing

- ❖ During his IMA Presidenship this Wing (IMA Research wino) had been formed to take

up certain Research Projects of Social relevance and also of relevance to IMA activities in order to increase awareness on certain important medical issues, like organ donation, to extend information to the State Health Authorities on certain important medical conditions and to serve as a platform for the various IMA Branches to present any significant research findings in various Medical specialties. This Wing is doing a very good job.

- ❖ Diabetes Screening Test was done for 10000 People all over Tamil Nadu in 2008 with the help of IMATNSB and TNAPI.

AIDS PROGRAMME

During his Presidentship

- ❖ The Programmes to sensitize and motivate the Private Medical Practitioners in Blood Safety Aspects as well as in usage of Blood Components were conducted in the 1st Phase in the following 5 Districts :
- ❖ Tirupur 2. Chennai 3. Salem 4. Tanjavur 5. Madurai
- ❖ Sanction has been accorded to conduct similar programme in the following 5 more districts in the 2nd phase, by Tamil Nadu AIDs cell.
 1. Vellore,
 2. Ramanathapuram,
 3. Nagercoil,
 4. Trichy
 5. Nagapattinam.

Private Public Partnership

- ❖ Taken an active role with the Government in building up Private Public partnership project by world bank

APPRECIATION FROM PRESIDENT ABDULKALAM

- ❖ The various health programs initiated by him through IMA, were well appreciated by his Excellency Dr. A. P. J. Abdul Kalam, the then President of India during his visit to Tirupur.

Health Web Site for Public

- ❖ Chief adviser for a web site www.poornaayusu.com for the public to register their case history and to retrieve it any time anywhere in the world.

Village and School Adoption

- ❖ In our country most of the people and school going children living in the villages do not have many facilities to reach the cities for their medical requirements. It will be very helpful if our Branches adopt a village and school nearby and help them for their medical needs. All IMA Branches have been requested suitably to do the needful in this regard. As the chairman of IMA projects has implemented these projects along with Tree Planting throughout Tamil Nadu during 2010 – 2012.

Welcome Board

- ❖ As suggested during his president ship in many IMA Local Branches, “**WELCOME BOARD**” has been put up. In the same way “**CAUTION BOARDS**” have been put up on the Highway Road sides written with matter like “IMA, Salem welcomes you”, “Donate Blood and Save Life” etc.,

IMAIGAL

- ❖ IMAIGAL, a monthly Tamil health magazine is being released every month in different places periodically for which he is the Managing editor.

Govt. Doctors Strike Avoided

- ❖ Negotiated, with the Government of Tamil Nadu and helped in settling the grievances of Govt. doctors amicably and to call off the strike in 2003.

IMA Directory

- ❖ Has taken initiative as the editor of IMA Directory and for the first time this directory was released with names, addresses, telephones Nos, E-mail, Fax No. etc., of the IMA Members of Tamil Nadu State.

ID Card

- ❖ Introduced ID card system for all members of IMA to get special privilege from various commercial industries, shops and companies.

Visit to Chennai by State President and Secretary

- ❖ As the State IMA President visited Chennai more than 20 times and had meetings with various Govt. officials, Transport Commissioner, Police officials, Health Secretary,

Home Department Secretary, Hon'ble Ministers and presented representations on behalf of IMA TNSB for various issues like TNPCE Act, Maruthamuthu Committee's recommendations, Establishment of Trauma Care Centers, Bio-Medical Waste Management, Arrest of Doctors etc.,.

Formation of New IMA Branches and Increase in Membership

New IMA Branches have been formed in the following places during 2002-2003:

1. Marina, 2. Chennai Metro, 3. Poonamalle High Road, 4. Chennai Pillar City, 5. Rasipuram, 6. Perundurai, 7. Teynampet.

There is considerable increase in membership growth

Camps

- ❖ Various camps have been conducted exclusively for Heart Diseases, Diabetes, Eye Screening, all over Tamil Nadu on behalf of IMA TNSB.

Zonal Conference

It is first time in the History of IMA TNSB Zonal Conferences were conducted in North Zone, South Zone, West Zone and East Zone of IMA TNSB during 2002-2003 in which more Doctors participated, interacted amongst themselves and exchanged their views on various developments in the fast developing scientific world today. Meritorious Service Awards were given to IMA Members.

COMPUTER COURSE

A MOU has been signed with Alagappa University to impart training in “Basics of Computer” to the Members of IMA TNSB.

Multi State Meeting

IMA Multi State Meetings were conducted at Salem and Chennai.

Blood Bank

IMA Coimbatore had been helped to start an IMA Blood Bank at Coimbatore.

Assistance during Epidemics

IMA Branches were motivated to take active participation to control Cholera, Dengue Fever, Chikungunya etc., during Epidemics along with Government.

Socio Medical Relief in Early Days

- ❖ Organized social service camps even from the beginning of his school career at Thiruchengodu in the year 1956
- ❖ With the help of his father who was the Police Inspector, underwent Road Traffic Training and taught Road safety rules to the students during the year 1956-60 at Thiruchengodu.
- ❖ Was an active member and organizer of Social Service League of St. Michel's High School
- ❖ Received an award for outstanding social service activities at P.S.G. Arts College in 1966-67
- ❖ Used to visit weekly once nearby adopted villages along with a medical team as a medical student volunteer at Stanley Medical College [1969-74].

Chief Minister's free Health Camps

As a Co-ordinator and Project Director, organized more than eight Dr. Puratchi Thalavi Selvi Jayalalitha Free Medical Camps at Tirupur along with Tirupur Municipality and helped more than 20,000 poor people.

As a Coordinator and Project Director, organized many free medical camps under "Varumun Kappom" initiated by Chief Minister of Tamil Nadu.

Heart Care

- ❖ Had actively participated in the free heart disease detection camp organized by Tirupur Rotary Club and took 100 free ECGs and 75 Lung Function Tests in the year 1979 at Tirupur.
- ❖ As a Coordinator along with SaibabaSevaSamithi, Organised a free heart disease detection and treatment camp at Tirupur where in 1009 patients were screened. Free advice, E.C.G. and medicines were given to them. 150 patients among them were selected for cardiac surgery and arrangements were made to give free surgical treatment at Sai Baba Hospital, Putaparthi. This would have otherwise costed around Rs.50 Lakhs. These patients were given pre and post-operative treatment in his A.G. Hospital, free of cost.
- ❖ During Rotary, Dist. Governor ship launched Heart Care Project as a Dist. Project. Under this project, seminars, heart seminars, heart disease detection camps, were held;

Heart surgeries numbering above 110 were performed. With help of his Family Trust free heart disease detection camps every year were held at MMM Hospital Chennai where TMT, ECG and other blood test are done free of cost for more than 500 patients.

CHILD HEART CARE AND CHILDREN'S CAMP

- ❖ Every year a Mega Children Camp at Tirupur is organised with the help of Lakshmi Ammal Trust and Lions Club. Children's Hospital, Egmore were involved.
- ❖ More than 40 Pediatrician came from Chennai to Tirupur and Screened 2000 Children including Congenital at Diseases and have been taking them for further treatment to Chennai since 1995.
- ❖ Inaugurated a Child Heart Care Project at Coimbatore in 1999 – 2000 with the help of Rama Krishna Hospital.

Donation for Heart Surgery

- ❖ So far many heart patients have been helped to undergo Free Heart Surgery at GKNM Hospital Coimbatore and to get donations from Prime Minister's Fund and Various Service Organizations. Helped around 150 patients to get Free Heart Surgery at Saibaba Hospital.

Preventable Blindness

- ❖ Has initiated a mega project with the help of Sankara Eye Society called “Preventable Blindness” in the urban slums of Coimbatore, where Opthomologists Screened one lakh children and treated their problems with medicines like Vitamin A and other necessary treatments in January 2000.
- ❖ Every Rotary Club was requested by him to do eye screening for Cataract, Glaucoma and other problems under the leadership of District Eye Care Chairman. Held 55 Eye Camps, nearly 15,448 Surgeries were performed for Cataract and necessary eye glasses etc... Were given to the patients in the year 1999 – 2000 under the Eye Care Project.
- ❖ During his IMA State President ship made every branch of IMA to conduct Eye Screening for Children.

Nutrition

- ❖ As the Managing Trustee of the school run by TISSO, students are given free noon

meals since its inception in the year 1997.

- ❖ Vitamin – A Capsule was given to Municipal School Children with the help of ICDS every year periodically since 1984.
- ❖ During his Governorship most of the clubs started free noon meal schemes along with distributing anti worm tablets and nutrition advices in their adopted schools.
- ❖ As IMA State President along with UNICEF awareness camp on Iodized Salt and other micronutrients for the public were conducted.

Family Planning

Has participated in many family planning programmes. His A.G. Hospital is approved as a Family Planning Center. His Hospital is actively involved in family planning operation. His wife, a gynecologist, has a laproscope. As a Rotary Governor and IMA State President many programs had been organised to create awareness and the importance of family planning for our Country.

Malaria

Free anti Malaria treatment and free medical science tests were done in the slums with the help of the Municipality & the Rotary in the years 1997, 98, 99 & 2000. Mosquito control scheme was initiated under the project 'Environment' by assisting the public to cover septic tank, air pipe and out-let pipe with nylon nets. Visited unhygienic dwelling areas and educated them to improve their areas. A mass mosquito control programme was launched at Cochin City with the help of Apex Council of Cochin (These as Rotary Dist. Governor in 1999-2000). Given talks on the Radio, TV and at public meeting, on the importance of hygiene, mosquito control and Malaria Eradication.

BLOOD AND ORGAN DONATION

- ❖ As Charter Secretary of student's Voluntary Blood Donation Association at Stanley Medical College, Madras, had donated blood to save seriously sick people patients during 1970-74
- ❖ Donated blood 23 times as a Physician since 1974 and saved all the seriously sick patients for whom blood had been donated.
- ❖ Once donated blood to save a senior active member of Tirupur Rotary Club. In the middle of the installation function to save a patient who came to his Hospital in a serious

condition, blood was personally donated, to the patient and the patient was saved by his efficient treatment.

- ❖ Launched a massive campaign for posthumous organ donation at Coimbatore.
- ❖ Created awareness for organ donation and eye donation in all Rotary Clubs (1999-2000)
- ❖ As IMA President motivated all Doctors in 136 Branches of IMA Members in Tamil Nadu to come forward to donate the Organs and Eyes.

Cancer Care

- ❖ Organized a Cancer Detection Camp for 10 days where in 350 patients were screened and more than 15 patients who had early cancer were given necessary treatment at Government Hospital in 1986.
- ❖ Organized yearly Cancer detection camp with the help of G.K.N.M. Hospital in one of the nearby villages since 1990.
- ❖ Under Cancer Care project, released a monthly news bulletin 'CANCARE' printed and distributed 15000 awareness campaign leaflets and conducted 25 detection camps in the district in 1999-2000.
- ❖ A cancer care Hospital project "IMAYAM" was started at Erode during his President ship.

Health Camps (Diabetic, Asthma, T.B)

32 diabetic detection camps and 30 Asthma and T.B Detection Camps at Tirupur. Have so far been conducted Launched a District Project called FAMILY HEALTH CHECK - up during his period as Rotary Governor. Under this programme free health camps were organized throughout the district to conduct health checkup for Rotary members and their families and health cards were issued and necessary medicines were distributed.

Kidney Stone Detection

Organized a free kidney stone detection camp at Tirupur with the help of R.G. Stone Clinic, Bombay. Forty Nine patients were identified and were given free advice regarding treatment for their stones in the urological system.

Peptic Ulcer Detection

Organized a camp where in free Gastrosocopy was done to detect peptic ulcer and suitable advice was given. Ill effects of Alcohol were explained.

Arthritis Camp

Along with KMCH an Arthritis Camp was organized at A.G. Hospital, Tirupur where in more than 400 patients attended. Free X-rays, medicines and free consultation were given. For a selected few patients, necessary operation was done at KMCH. With the help of United Hospital, Arthritis camp was conducted at A.G. Hospital in 1998, 99 & 2000 About 1000 people were screened and necessary advice and treatments were given.

Polioplus

- ❖ Actively participated in all the Polio NIDs since 1994.
- ❖ During the year 1999-2000, there were 4 NIDs and organized the Zonal level PPI orientation meet, distributing efficiently and effectively, for which a Certificate of Appreciation from the National Polio Plus Committee was awarded.
- ❖ Motivated all clubs in his jurisdiction to spread awareness among the public and to extend volunteers and other helps for PPI in all the four NIDs
- ❖ Received an Appreciation Award from the National Polio Plus Committee
- ❖ Chaired Polio Plus Fundraising Campaign 2002 -2003.

Polio Corrective Surgery

- ❖ As the President of Rotary Club of Tirupur organized a free medical camp where in measurements were taken for 82 polio victims and suitable calipers given by Government and Social Organizations.
- ❖ For 10 patients necessary corrective surgery was arranged at Government Head Quarters Hospital.
- ❖ A tricycle was given to the patient who had weakness of both lower limbs.
- ❖ Organized every year he along with the NGOs. Polio calipers donation and surgery at Tirupur.
- ❖ As Governing Council Member for Polio Corrective Surgery Project of the Rotary Dist in 1999-2000, arranged Polio test for the entire district and identified patients. 50 Polio corrective surgeries were done at Cochin and 10 at Kunnamkulam and 15 at Bhavani Komarapalayam. A mega screening camp was held at Cochin. It is an ongoing project.

Artificial Limb Camps

- ❖ As a Co-ordinator& Project Director, organized Artificial Limb Donation Camps thrice

with Rotary Club of Tirupur during 1992, 1993 & 1995 and once with Rotary Club of Tirupur South during 1996 along with Mukthi, Chennai and thus giving new lease of life to nearly 350 physically handicapped poor people. These camps were highly appreciated.

- ❖ During his Rotary Governorship a Millennium Limb Camp was organized at Cochin. A matching grant project "Artificial Limb on Wheels" worth Rs.35 lakhs initiated at Coimbatore.

Traffic and Road Safety

- ❖ Created awareness in children on traffic signs & rules as the Chief Traffic Warden of Coimbatore District Tamil Nadu Police Traffic Wardens Association in many schools Distributed booklets & pamphlets to students.
- ❖ Organized a Road Safety Week project along with the local police and implemented certain programmes for the safety driving. Two signal lights were inaugurated in Tirupur in 1997.
- ❖ As Rotary District Governor, elaborate publicity was given to road safety Rules by exhibiting the rules on the walls of public places and putting sign boards in the cities. And also constructed road dividers and umbrellas in the main cities of the District.

Ambulance Service

- ❖ As Managing Trustee of Tirupur Social Service Organization, who owns an ambulance, rendered free service to accident victims and emergency patients in and around Tirupur.
- ❖ Helped during many emergencies including Cheran Express (Train) derail accident in Dec '96.
- ❖ As Rotary District Governor, dedicated 41 ambulances for the community with the help of a matching grant from TRF and CRCID, Canada and ambulance equipments to 7 ambulances through MG from TRF.

Children at Risk

- ❖ As a Honorary Consultant for five schools visited the schools periodically to examine the children and necessary advice and treatment regarding prevention of Rheumatic Heart Disease, Skin Disease, Eye Problems and Respiratory Disease were given.
- ❖ Two Regional Seminars on 'Children at Risk ' at Calicut and Trichur were conducted
- ❖ As District Governor addressed South India Pediatric Conference at Calicut on 'Children

at Risk'. Under this project 10 medical camps were conducted.

Street Children

Initiated a project "Street Children" in most of the places in Rotary District 3200 in which street children were taken care of and were provide and hostel accommodation and education (1999-2000).

Mentally Retarded Children

- ❖ Organized a medical camp to detect mentally retarded children with the help of a Psychiatrist at Tirupur and necessary advice was given for further treatment.
- ❖ There are 10 schools for mentally retarded children in the Dist. 3200.
- ❖ During his Rotary Governor tenure, furniture and stationary to the schools were provided and training in handicraft to the mentally retarded children were given for a period of 2 months.
- ❖ Collected and donated Rs. 1.3 lakhs to the school building Vimukthi Special school for mentally retarded, Cochin at a cost of Rs. 4,38,600/= under Matching Grant.
- ❖ Inaugurated a Vocational Training Centre for mentally retarded at kanhangad

Child Labour Abolition

- ❖ Addressed on Child Labour Abolition in many forums and seminar including South Asia Zone Seminar on Children @ Risk held at Sri Lanka in the month of Feb. 99
- ❖ Organized a Seminar 'Child Labour Abolition '96' involving all Trade Unions, Voluntary Organizations and Foreign Groups in the month of Dec. '96, which created an awareness in National as well as international level.

Free Camps of Forest

Conducted free medical camps at the forest area where forest brigand Veerappan was ruling along with STF Police force for the people who could not go to hospitals.

Tirupur Social Service Organisation (TISSO)

Activities as a managing Trustee:

Child labour abolition is the motto of TISSO. As a Managing Trustee TISSO, donated around 3 acres of land to start an Orphanage cum Teaching Institution and through TISSO free ambulance service was initiated to accident victims and emergency cases.

Orphanage cum School:

Through TISSO started an Orphanage for 51 children in the name of "Helping Hearts Home" from Feb.' 97. and a free school for poor children called "Learning Hearts School" which provides free, books, uniform and transportation for 350 students.

TISSO Hospital – Running a Children's Hospital at Tirupur.

COMMUNITY HEALTH AND MEDICAL CAMPS

- ❖ Conducted more than 600 Medical Camps in collaboration with various service organizations like Rotary International, Lions, Jaycees, IMA, Home Guards, and Inner Wheel Clubs etc and distributed free medicines worth more than Rs. 5 Lakhs. Taken more than 1000 X-Rays and more than 1000 free blood and urine tests. Ninety four patients were freely operated in his Hospital. Even in the day to day practice he treats poor patients are treats freely at his hospital.

HIS VISION - FUTURE PROGRAMMES FOR POOR - HEALTH FOR ALL

- ❖ Detection of Diabetes through Diabetic Camp and T.B Detection
- ❖ Heart Disease Detection Camp in Villages with the help of Mobile Heart Disease Detection Machinery - Village Adoption
- ❖ CATARACT Surgery and free Medical Camps
- ❖ Tamil Culture, Arts, Literature, promotion among Youth
- ❖ Health Education and awareness and screening camps for Public
- ❖ Child Labour abolition
- ❖ Tree Planting
- ❖ Youth Leadership Development Seminar
- ❖ Blood donation camps through Red Cross, IMA and Rotary.
- ❖ Free hearse service through Red Cross and TN Govt

Family

- ❖ Son of Late Mr. C S. Arumugam, Superintendent of Police.
- ❖ Happily married Dr. Bhanumathy, a Gynecologist. Blessed with two daughters and both of them married.
- ❖ His elder brother PADMASHRI Mr. A. Sakthivel is the Founder President of Tirupur

Exporters Association and was also the chairman for Apparel Export Promotion Council and the President for FIEO.

- ❖ His younger brother Lion Mr A. Sivakumar is the Assistant Commandant General for Home Guards.